

# LADIES' HomeJournal

Never Underestimate The Power Of A Woman

JUNE 2007

## 7 Simple Stress Soothers

For the Frazzled & Frustrated

## Credit Cards That Pay You

## The Sneaky Summer Sickness

You May Not Know You Have

## NO MORE BAD HAIRCUTS

A Salon Survivor Guide

## HIDDEN DANGERS In Your Morning Coffee

## 15 Ways to Stay in Love

By Dr. Phil & Robin McGraw

## The Heart & Soul of Country

Martina McBride, Trisha Yearwood & Vince Gill on the power of faith and family



## Chill-Out Summer Salads

### 5 Family-Friendly Recipes

\$2.49 U.S./\$2.99 CAN.



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Above: During the heat of the summer, nothing's as simple as slipping on a cool dress. Go naturally green in a striped bamboo knit tank dress and scarf. Dress, \$58, scarf, \$58, both Echo. Hat, Tracy Watts. Belt, Kenneth Cole, \$68. Bag, Tommy Hilfiger, \$69. Sandals, Bernardo, \$89. A pretty, chocolate-and-cream-print empire-waist dress is as comfortable as it gets. Dress, Patrick Robinson for Target, \$34.99. Sandals, Ann Taylor, \$98. See also on "green fashion," opposite page.

Left: You'll feel thoroughly relaxed—even when the joke's over—in this elegant cocoa-brown cotton knit

camisole, terra-cotta silk and cotton scarf and wide-legged eggshell linen trousers. Flat wood bead-trimmed thong sandals make it right for anytime, anywhere. Camisole, DKNY Jeans, \$59. Pants, \$88, scarf, \$58, both Banana Republic. Bronze wire bracelets, Roxanne Assoulin for Lee Angel. Sandals, Boden, \$88. Bag (at feet), Dooney & Bourke, \$185.

**BEAUTY BONUS:** Bright sunny days and long summer nights can combine to lead to dull skin. Try La Fleur Organique Tired Skin Booster, \$15, with organic neroli oil to improve skin's radiance.